

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Morris life Care Pregnancy Center,dba Options for Women |Morris, Morris MN

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Goal: Support, encourage and assist women in carrying their pregnancies to term and in caring for their babies after they are born, as well as provide education to assist in lowering the number of infant mortality in West Central MN

For the period: 7/1/2017 - 9/30/17 **Quarter:** 5th

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, training, volunteer coordination, staff assessment and all administrative duties. Plan grant activities, build and implement programs. Provide guidance to grant staff; complete grant forms; attend required grant meetings.		Complete/revise grant forms and year 1 evaluation, plan grant activities, update & build / implement programs. Provide guidance to grant staff. Volunteer coordination, staff assessment and administrative duties. Managed the move from an old location to a new-on main street- space in Morris. Hired one part-time Client Advocate. Am currently looking to hire a replacement for the CSD/Office Manager position	
Outreach	Plan and implement outreach to Hispanic Community; increase promotional activities, advertising, public presentations, networking and outreach efforts of center; increase staff capacity as needed, recruit volunteers, increase communication and update the website.		We continue to implement our outreach to the Hispanic community. We meet Hispanic clients in Hancock (Stevens Co.) and now Wheaton (Traverse Co.) and Graceville on a weekly basis who do not have regular transportation. We are reaching out to Public Health in Pope County to increase client numbers at our satellite site in Starbuck to serve clients in Pope County. We are currently training the volunteers at that site. They are planning a promotional meeting (NFP class event) in November to raise awareness for that site. We have done promotional presentations with many organizations (Chamber Community Development, Radio spot on KKOK/KMRS, Kiwanis, Co.	

			Ministerial), done substantial networking as well as had a presence at our county fair and our annual Banquet. We have met with clients in other counties that do not yet have a permanent satellite site as needed (Wheaton, Hancock).	
Car Seat Program	Provide car seats and certified car seat instruction and follow up in an incentive based program. Car Seat education, Car Seat Installation, follow up re-checks and instruction. Host or assist in Public Car Seat events (EWYL class 7.3 included)	28 annual = 7 /Q	We are having an excellent response to our car seat program and are providing safety training, instruction and installation education of car seats to our clients, as well as re-checks after baby is born for a retention check and look for any new safety issues. We provide more instruction as necessary. We evaluated our program and reported on it. Our ED is signed up for Car Seat Certification Training classes in November. We hope to have our new CSD/Office manager take the training too.	7 installs 8 classes and 2 signed up for program
Case Management Services	Follow up with each client either in person or by phone following a car seat instruction, an Earn While You Learn Education class, a pregnancy test, or Mentorship meeting. Promote healthy connections and choices.	200/ quarter (based on client visits)	We implemented a program to text clients for appointment reminders. We currently text clients a reminder which causes them to make follow up reply/calls to schedule another appointment if they have not already made one, or for any questions or concerns. This makes our correspondence much more efficient.	170 client visits, 35 correspondence
Promotion, Education Outreach----	Community Outreach Events for promotion and fortification of center and its services.	30 people per event	We had a presence at the Stevens County Fair in August. We are planning a "Fall into health" Expo with SCMC for October, our annual Banquet in October.	large Expo and fair that can not be numbered.
Regional Community Outreach	Promote Satellite Sites, services and education in those counties	2 sites/yr	We opened a satellite site in Starbuck in June and are planning an event of NFP classes in starbuck for a satellite site. (planning on 10 students for this class).	50 people at site opening.
Crib Distribution/ Sleep Safety Education	Safe Sleep Education Only provided through Earn While You Learn Programs general safety classes: 7.1,7.2,8.5, 6.4, 6.2, 3.4) This may lead to crib distribution through Birthright in Alexandria or Pack and Play distribution through	2-3 Pack&P lays per quarter with Classes	We promote safe sleep situations to a large majority of our clients as a mandatory general safety class via brochures and videos. EWYL 3.4 "Safe sleep" is also one of the general safety classes of our car seat program to further promote safety and healthy outcomes. We have several EWYL classes that are a part of this Safety Education Package: E 3.4, E6.2, E6.4, E7.1, E7.2, E8.5 ; SPA3.4,SPA 6.2, SPA 6.4, SPA 7.1, SPA 7.2, SPA 8.5.	3 English, 10 Spanish classes with 4 P&P/cribs given

	Cradle of Hope (we are a Pack & Play crib site)			
Interpreter Services	Interpreter on staff who also is a trained Client Advocate as well as Certified Car Seat Technician. Interpreter will be translating documents, website, assisting at Education Outreach Events, managing cases and more	60 client visits/Q (services based on client visits)	We have had an EXCELLENT response to our translating services. Our translator has helped our outreach efforts and the Spanish program continues to be a vital aspect of our services. Our interpreter travels to Hancock (Stevens co.) and Wheaton, (Traverse Co.) each week to extend our services to clients in those communities who lack transportation. Our interpreter installs and teaches proper car seat use as well as SIDS education and other relevant safety information. She sees all spanish speaking clients and follows up with them as she deems necessary.	68 classes, 203 boutique visits 6 of 12 new clients use interp. services
Life-Coaching Education Program	Life Coach training will be taken online/in person and provided to all clients. Will use life coach method with all Intakes, Earn While You Learn Clients and Pregnancy Tests	6-7/Q	We use some Life Coaching techniques in our regular client visits and are looking forward to adding more formal training as soon as our staff are able. We have clients who come for this kind of counsel now but we hope to give them more comprehensive services in the future.	15 now but program is not official --NA
Nutrition	Provide Nutrition Education only (E1.1,1.2,1.3,E-2.1, E2.3 or SPA1.1,1.2, 1.3 SPA 2.3)	6-7/Q	We have not yet become a medical center and therefore can not give vitamins to our clients. We have utilized the education information from our EWYL program which has been received well. We are working on building the base of the center and connecting with medical resources so that we may be able to offer this service in the future.	3 English 5 Spanish Education only
Parenting Education	Program name: Earn While You Learn Parenting Classes (EWYL P and SPAP classes)	25/Q	We are using Parenting education as part of our Earn While You Learn program. Many clients have expressed how this program has helped them in their daily lives & in making better choices for their children. Parents have also expressed that they have better behavior outcomes from their children at home when implementing the skills and information we provide.	27 P&SPAP classes, 32 for Toddlers
Pregnancy Education	Program name: Earn While You Learn Pregnancy Classes (EWYL all E and SPA classes)	38/Q	We are using pregnancy education which is also part of our Earn While You Learn Program. Many clients have stated the information is helpful whether they had received the education previously or not. As an extension of this we have implemented the prenatal care program to educate women about the impact of getting prenatal medical care throughout their pregnancies and to help us discover some of the	63 English class,+ 68 Spanish class= 131

			barriers that they have in getting that necessary prenatal medical care specific to our community.	
Preconception Education Outreach	Community Event for Pregnant and pre-conception women. Provide education and information materials including NFP and fertility training.	20 annual-5 people /Q	Our staff offers Natural Family Planning and fertility Education courses to our clients individually as well as in groups. There have been a few classes done recently with all the staff in Starbuck. The Starbuck site is planning an NFP event as an outreach in November.	6 people
Pregnancy Tests and verification	Program name: Pregnancy Testing. Provide intake assessment for program eligibility, pregnancy test, support, counseling and education	25 annual 6.7/Q	We provide intake assessment for program eligibility, pregnancy test, support, counseling and education for each new client as needed.	5 total 3(-) 2(+)
Transportation Assistance	Transportation vouchers given as bus passes or \$5 gas certificates (not to exceed \$50per client per year) to clients who have transportation issues in getting to/from classes as well as for specialists in St Cloud or Mpls.	40 annual 10 /Q	Provide vouchers for transportation to and from classes and Doctor Appointments. We have purchased the vouchers, and they are available to our clients. The bus passes have been essential to our clients locally. We count single ride passes and each gas certificate as one. Our Client Advocates travel to the communities in the 6 county region to see clients which helps on transportation. We are working to establish permanent satellite sites in each county to provide more services to the entire region.	5 Bus 0 gas vouchers

Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	13/Q new clients	We have changed our forms to include questions on all necessary services and make a point at each intake to ask about the need for additional services. We then utilize our resource database to provide information and make referrals.	12 new of 47 unique clients 1 referral
Provide Necessary Services; Assessments Only for clients who do not receive grant funded services	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2-3 annual	Assessments and meetings with staff without referrals or grant funded programs. Such as parenting of children older than 12 mo, religious content, materials for non-pregnant women, or partners/family that do not qualify for state funded programs.	none at this time

Maternal and Child Health Initiative Task Force Strategies				#/Q
<i>Number of women who received car seats and car seat safety education from a PA funded program activity (all who receive seats participate in class-- EWYL class E7.3, or SPA7.3 as well as other classes)</i>				7
<i>Number of women who received car seat safety education only from a PA funded program activity (enrolled in program or participated in class but have not received a seat yet)</i>				3
<i>Number of women who received child abuse prevention education from a PA funded program activity (including EWYL's: #E2.3, E7.1, E 7.2, E7.3, E7.5, E6.2, E6.4, E8.5 or # SPA2.3, SPA 7.1, SPA 7.2, SPA 7.3 SPA 7.5, SPA 6.2, SPA 6.4, SPA 3.4, SPA 8.5)</i>				20

Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity (EWYL class E8.5 or SPA8.5 specifically)	5
Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity (All who receive a crb/P&P participate in EWYL class E3.4 or SPA 3.4 specifically, as well as other general safety videos)	4
Number of women who received sleep safety education only from a PA funded program activity (have watched E3.4 or SPA 3.4 but have received a crib/P&P yet)	0

Comments:

At the beginning of this quarter(Q4) we hired a new Executive Director. She and our board are reviewing our programs, clarifying our goals/priorities and revising our workplan, and reports to reflect that update. This Q5 report should be in line with those updates. They are making a clear and accurate plan concerning the implementation of a future medical program which may include CLIA, finding a medical director and and RDM's as discussed at our site visit.

Our Transportation needs have shifted as we now travel to the other counties (including establishing satellite sites) to meet with our clients rather than give them transportation vouchers to bring them to the Morris location. The above report reflects that change.

The Interpreter services numbers were based on client visits and SPA classes. We are currently looking at other methods to track the case management load of our Spanish Interpreter as well as our individual client advocates.

We have a "general safety set" of videos that include several EWYL topics such as Shaken Baby, Infant CPR, SIDs, What's Safe and What Isn't, Domestic Violence Prevention, etc. that we have clients watch if they are interested in the crib/Pack&Play or the Car Seat program. The final video for a client to watch for the Car Seat Program is Car Seat Safety E7.3/SPA7.3. The final video for the crib/Pack&Play Program is Safe Sleep E3.4/SPA3.4.